



# Offa's Dyke 2 Knighton to Chepstow + Gower Coastal Path

Lucinda Pillow and Andy French. Tues 1<sup>st</sup> August to Mon 14<sup>th</sup> August 2023



Offa's Dyke 2. 10 days. 192km.



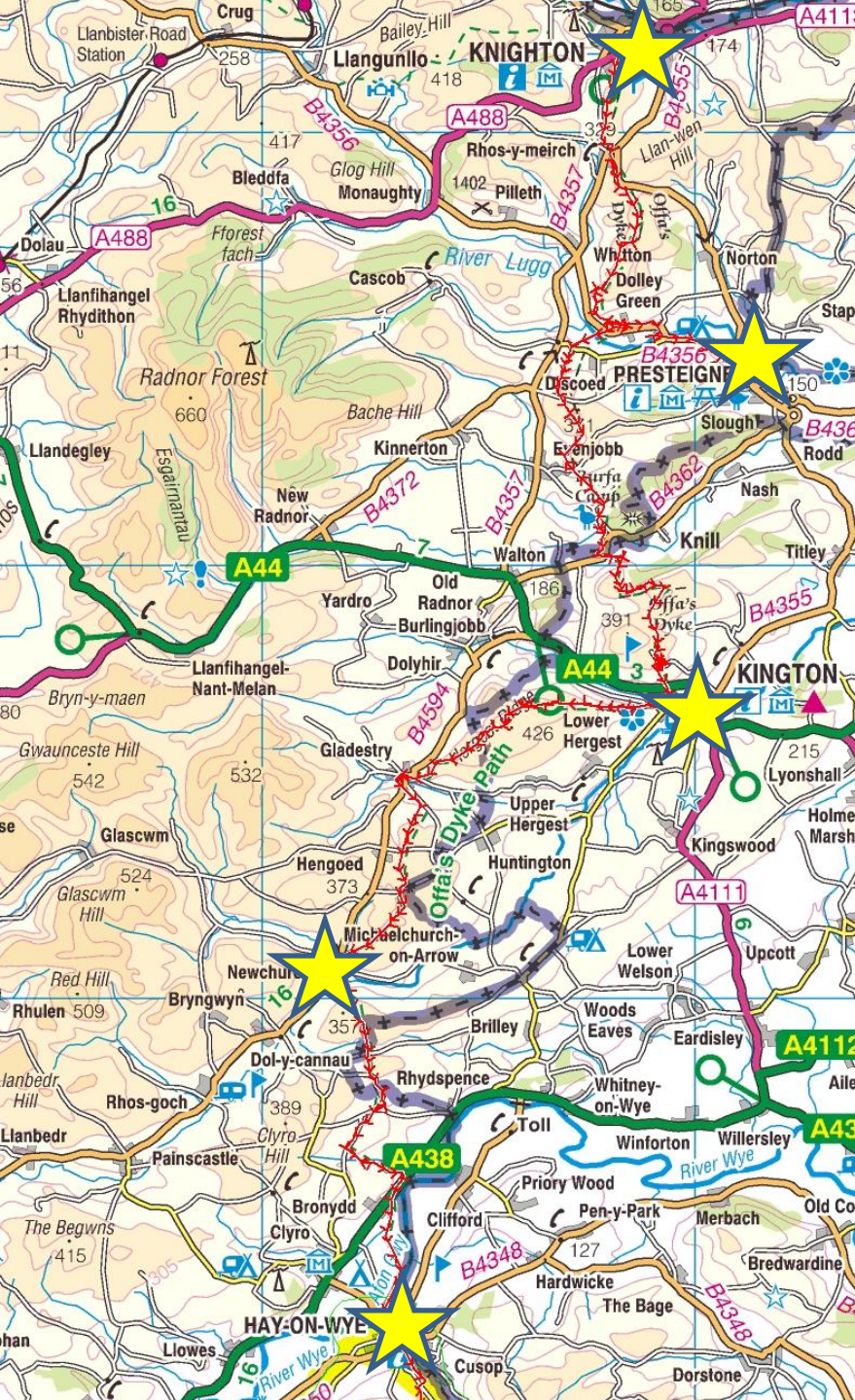
Gower Coastal Path. 3 days. 67km.



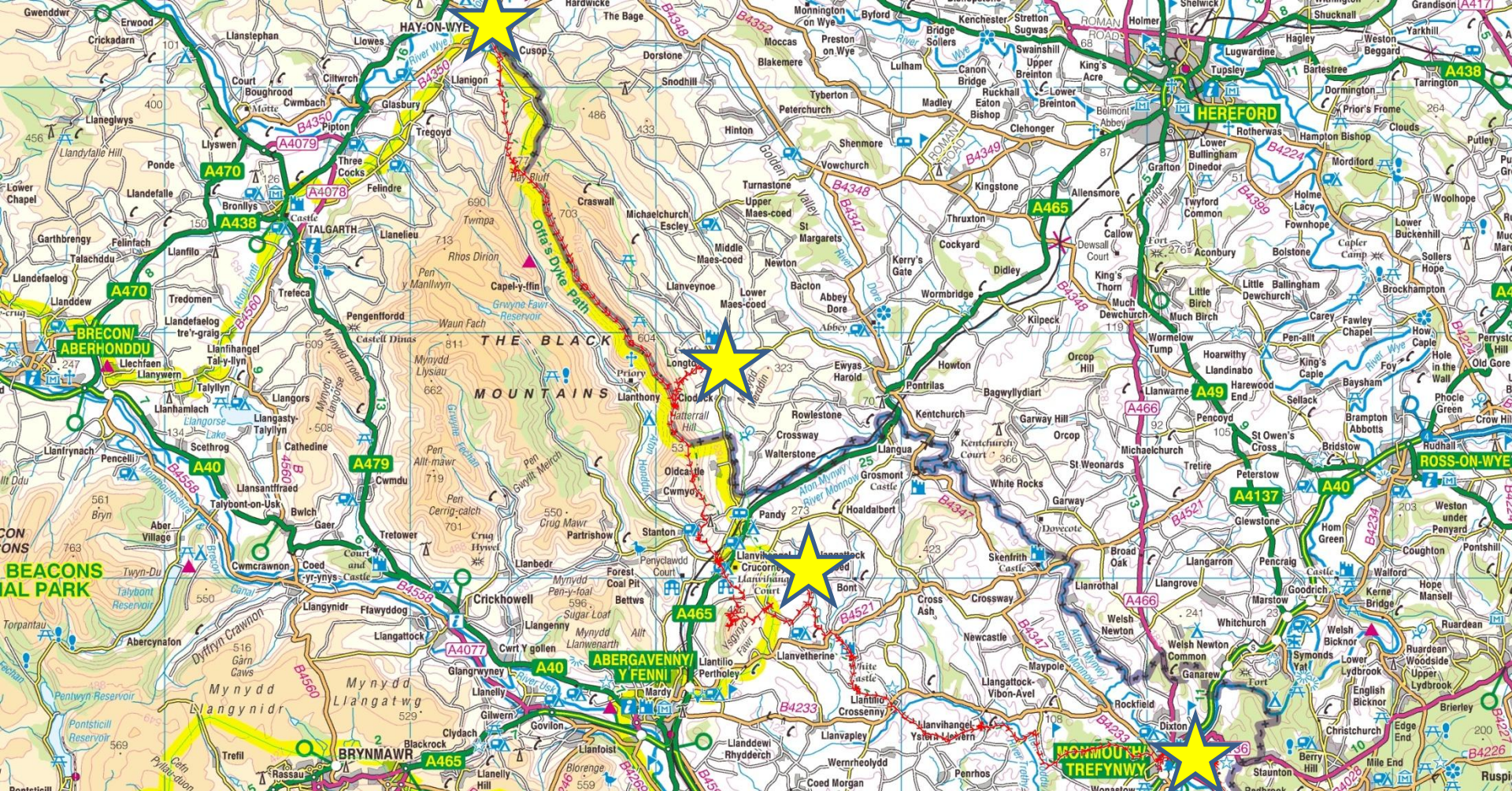
	<b>Journey</b>	<b>Distance /km</b>	<b>Evening meals</b>	<b>Weather</b>
Tues 1st August	Train Winchester to Reading to Newport to Craven Arms to Knighton. Overnight at the Horse and Jockey, Knighton.		Horse and Jockey, Knighton	Fine
Weds 2nd	Walk Knighton to Presteigne. Taxi Prestigne to Knighton. Second night at Horse and Jockey, Knighton.	<b>13.9</b>	Banc pub, Knighton	Occasional showers, with sunny periods
Thurs 3rd	Taxi Knighton to Dolley Green. Walk to Kington. Overnight at Burton Hotel.	<b>17.4</b>	Burton Hotel, Kington	Fine
Fri 4th	Walk Kington, via Hergest Ridge, to Newchurch. Taxi Newchurch to Hay-On-Wye. Overnight at the Seven Stars.	<b>15</b>	Three Tuns - with Frank and Vanessa. Then Open Mic!	Fine
Sat 5th	Taxi Hay-On-Wye to Newchurch. Walk to Hay-On-Wye. (L continued to Hay Bluff car park). Overnight at the Seven Stars, Hay-On-Wye.	<b>12.1</b>	Tomatitos Tapas, Hay-On-Wye	Heavy rain
Sun 6th	Walk Hay-On-Wye to Longtown via Hay Bluff and Hatterall Ridge (easterly finger of the Black Mountains). Overnight at The Crown, Longtown.	<b>23.5</b>	The Crown, Longtown.	Heavy showers followed by sunshine
Mon 7th	Walk Longtown, back up onto the Hatterall Ridge, then to Llanvihangel Crucorney. L direct to Llangattock Lingoed. A via The Skirrid (486m). Overnight at the Old Rectory.	<b>25.3</b>	The Hunter's Moon	Fine
Tues 8th	Walk Llangattock to Monmouth via White Castle. Overnight at Monmouth Premier Inn.	<b>26.2</b>	La Piccola Italia	Rain
Weds 9th	Walk Monmouth to Kymin to Lower Redbrook. Overnight at Inglewood House.	<b>15.6</b>	The Bell Inn, Lower Redbrook.	Hot and sunny
Thurs 10th	Walk Lower Redbrook to Tintern Abbey. Overnight at The Wye Valley Hotel, Tintern.	<b>21</b>	Wye Valley Hotel	Hot and sunny
Fri 11th	Walk Tintern to Brockweir to Sedbury Cliffs to Chepstow. Overnight in Chepstow.	<b>22.2</b>	Mythos Meze Bar, Chepstow.	Hot and sunny
Sat 12th	A train to Swansea (Gower trip). L train to Winchester.			
		<b>192.2</b>		
	<b>Total in miles</b>	<b>119.4</b>		



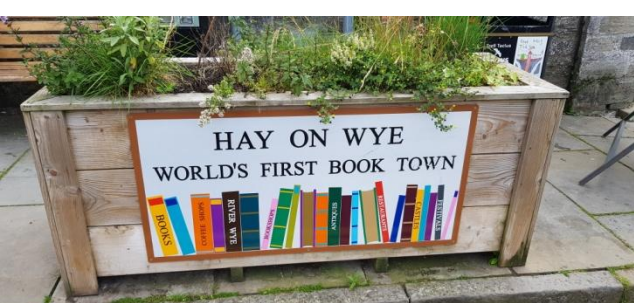
# Offa's Dyke: Knighton to Presteigne to Kington to Newchurch to Hay-On-Wye





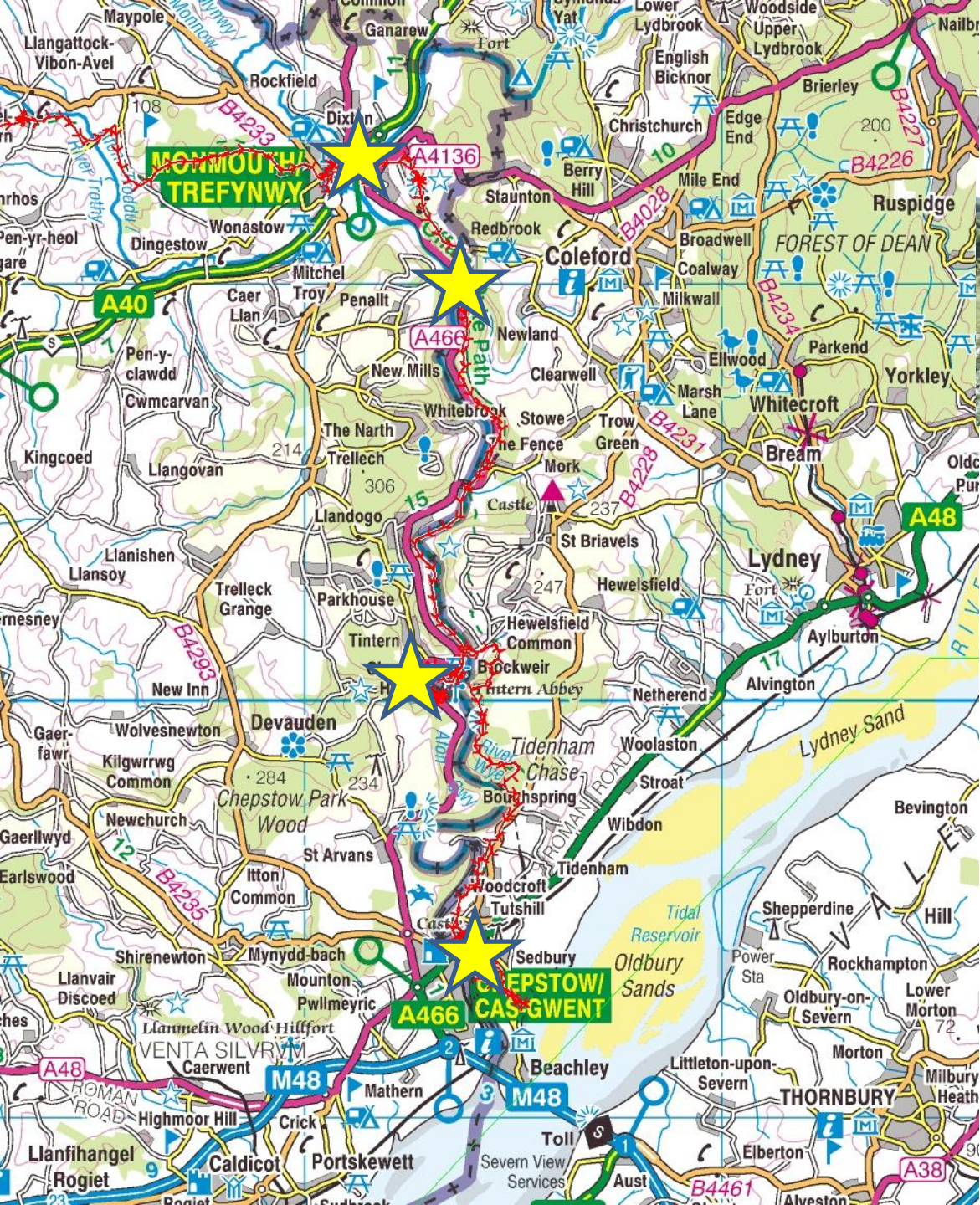


Offa's Dyke: Hay On Wye to Longtown to Llangatock to Monmouth





# Offa's Dyke: Monmouth to Lower Redbrook to Tintern to Chepstow





# Gower coastal path: Swansea to Nicholaston Farm to Hillend (Rhossili) to Llangennith





# Swansea to Nicholaston Farm (Oxwich Bay)





# Oxwich Bay to Port Eynon

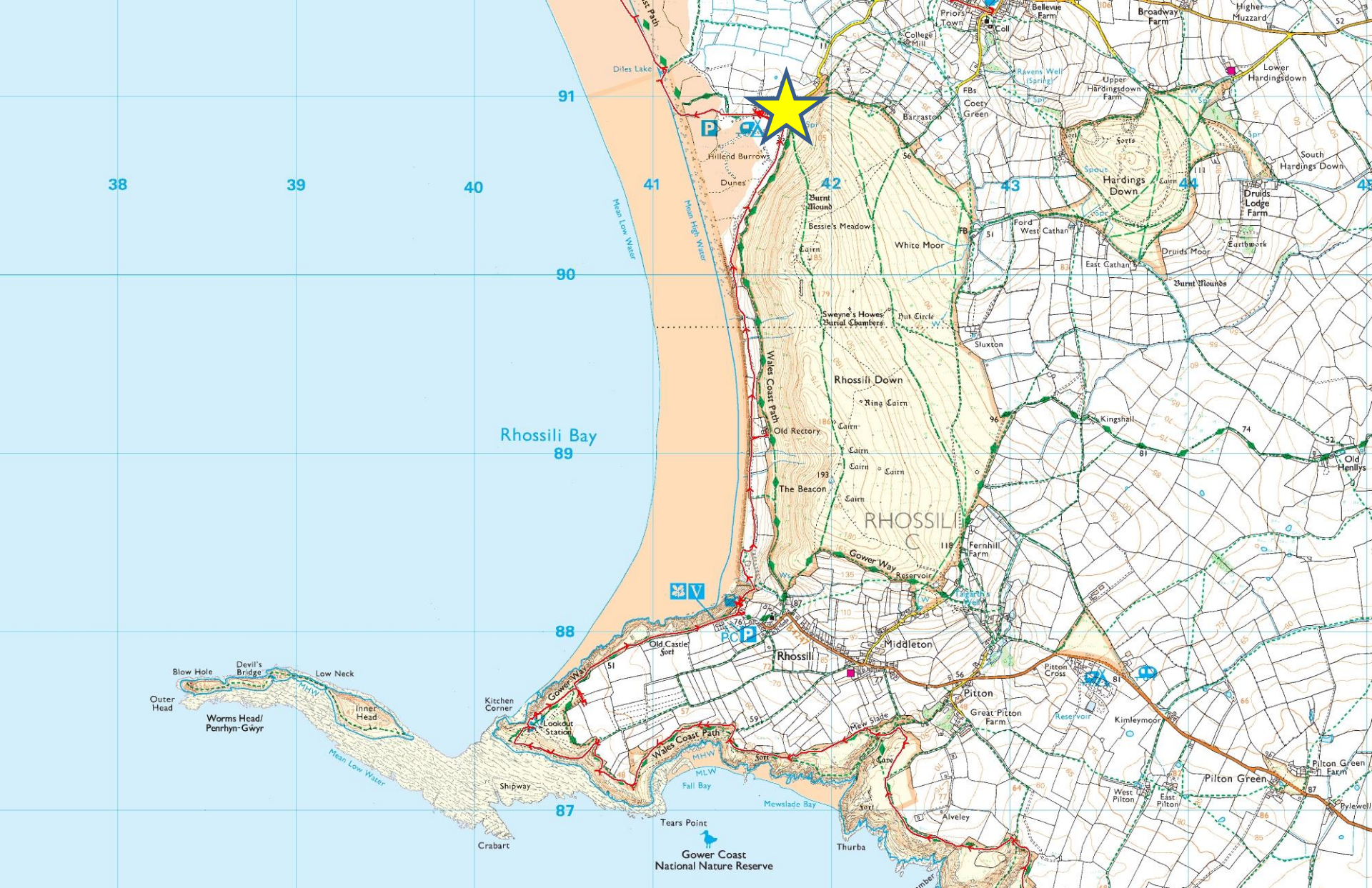




# Port Eynon to Worms Head







Rhossili Bay. Overnight camp at Hillend.



# Burry Holms







ENGLISH HERITAGE  
OFFA'S DYKE

Offa's Dyke is a formidable earthwork, begun c. AD 785 by order of Offa, King of Mercia (r. AD 757 - 796), and stretching for 82 miles roughly along the English - Welsh border.

Mercia was a huge Anglo - Saxon Kingdom covering most of central England; the dyke marked its western frontier, bordering Welsh territory. Originally about 27m wide and 8m high, it also served as a symbol of Offa's great power.

This three mile section is in the care of English Heritage.

**Please take care exploring the site.**

Supervise children **closely**.

Wilful damage to **this monument** is a crime.

Metal detecting, **smoking**, commercial photography and drone use are prohibited.

Dogs welcome on leads.

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For more information on our sites please visit [english-heritage.org.uk](http://english-heritage.org.uk)



Slip hazards



Trip hazards



Steep Slopes



Uneven Surface



Illustration of King Offa from the Benefactors Book of St. Alban's Abbey c.1380

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Thank you for your support.







Knighton to Presteigne





Hergest Ridge monkey puzzle



Kington welcome rug

Hay-On-Wye



Hay-On-Wye castle







Hay Bluff





A green tapestry from the Black Mountains (Hatterall Ridge)



Longtown



Longtown Castle (Ewias Lacy)



Brecon Beacons  
*Bannau Brycheiniog*

Skirrid (486m)

Sugar Loaf  
(596m)



Hatterall Ridge of the Black Mountains









Skirrid (486m)





The Old Rectory, Llangattock







White Castle









Naval Temple



Monmouth from Kymin viewpoint







Woodland path to Lower Redbrook and the River Wye







Inglewod House, Lower Redbrook



The Red Room



# The Boat Inn at Lower Redbrook



The River Wye



River Wye





# River Wye





# Tintern Abbey





Tintern Abbey





# Tintern Abbey





# Tintern Old Station







Tintern from **The Devil's Pulpit**





Sedbury Cliffs



Severn Bridge







Chepstow – and the finish!



Chepstow castle







Much Mezze indeed at *Mythos* in Chepstow



Chepstow castle







Chepstow castle





Swansea Bay





The Mumbles lifeboat station





Bracelet Bay, Gower peninsula





# Caswell Bay



**That's a Moray!**

Hopefully not a relation  
of Neil the Eel ...



Threecliff Bay



Oxwich Bay



Oxwich Burrows





Nicholaston Farm  
campsite





## Making a breakfast brew at Oxwich Bay





Oxwich Bay





On the Gower coastal path towards Port Eynon





Port Eynon Point







Lip don't always bring the  
the show is past the show has  
to dance in the

NHS

MISSING

Please  
leave the  
rocks for  
people to  
enjoy

PLEASE LEAVE THE ROCKS FOR PEOPLE TO ENJOY

WINTER

PLEASE LEAVE THE ROCKS FOR PEOPLE TO ENJOY

PLEASE LEAVE THE ROCKS FOR PEOPLE TO ENJOY

PLEASE LEAVE THE ROCKS FOR PEOPLE TO ENJOY

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## Possibly Thurba to Tears Point





Worms Head





# Worms Head





Worms Head

The Devil's Bridge







Rhossili Bay



Hillend Campsite, Rhossilli





# Burry Holms from Rhossilli





Burry Holms from Rhossilli





Worms Head from Rhossili











Rhossili and Burry Holms





Broughton Bay



Hillend and Worms Head





# The Kings Head, Llangennith







Return to Winchester ...

