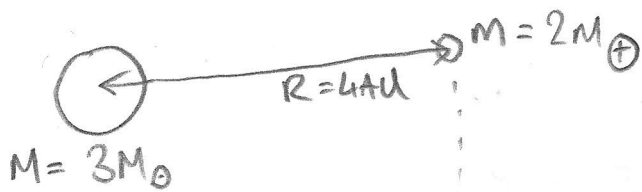


Gravitation & orbits questions



Kepler's Third Law

$$T^2 = \frac{4\pi^2}{G(m+M)} R^3$$

(i) For Earth - Sun

$$T_{\oplus}^2 = \frac{4\pi^2}{G(M_{\oplus} + M_{\odot})} R_{\oplus}^3$$

$$T_{\oplus} = 1 \text{ year}$$

$$R_{\oplus} = 1 \text{ AU}$$

$$\text{So } \left(\frac{T}{T_{\oplus}}\right)^2 = \frac{M_{\oplus} + M_{\odot}}{2M_{\oplus} + 3M_{\odot}} \left(\frac{R}{R_{\oplus}}\right)^3$$

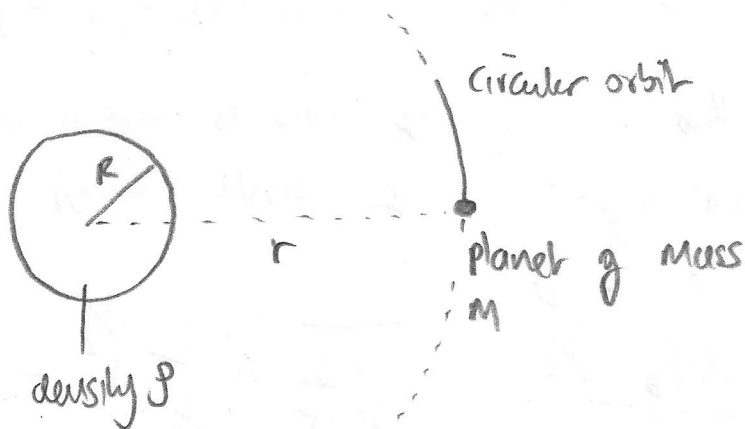
Now since $M_{\odot} \approx 332,837 M_{\oplus}$ $M_{\odot} \gg M_{\oplus}$
↑
Solar mass

$$\therefore \left(\frac{T}{T_{\oplus}}\right)^2 \approx \frac{1}{3} \left(\frac{R}{R_{\oplus}}\right)^3$$

∴ mass of planet is largely irrelevant to the calculation.

$$\therefore \frac{T}{T_{\oplus}} = \frac{1}{\sqrt{3}} 4^{3/2} = \boxed{\frac{8}{\sqrt{3}}}$$

$$\approx \boxed{4.62 \text{ years}}$$



Newton II

$$\frac{mv^2}{r} = \frac{GMm}{r^2}$$

$$v = \frac{2\pi r}{T}$$

↑
period

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①

$$\left(\frac{2\pi r}{T}\right)^2 = \frac{GM}{r}$$

Now $M = \frac{4}{3}\pi R^3 \rho$

$$\frac{4\pi^2 r^3}{T^2} = \frac{4\pi G}{3} R^3 \rho$$

$$T^2 = \frac{3\pi r^3}{G \rho R^3}$$

$$T = \sqrt{\frac{3\pi}{G}} \frac{1}{\sqrt{\rho}} \left(\frac{r}{R}\right)^{3/2}$$

orbital period



So $T \propto \frac{1}{\sqrt{\rho}}$
and $\propto \left(\frac{r}{R}\right)^{3/2}$

Now for Sun $\rho_0 \approx 1406 \text{ kg m}^{-3}$

$R_0 \approx 109.123 R_{\oplus}$

$r_{\oplus} = 1.496 \times 10^{11} \text{ m}$

$R_{\oplus} = 6.38 \times 10^6 \text{ m}$

{Solar mass
 $M_0 = 1.989 \times 10^{30} \text{ kg}$ }

$G = 6.67 \times 10^{-11} \text{ N kg}^{-2} \text{ m}^2$

[So for Earth orbiting about the Sun

$$T_{\oplus} = \sqrt{\frac{3\pi}{6.67 \times 10^{-11}}} \times \frac{1}{\sqrt{1406}} \left(\frac{1.496 \times 10^{11}}{109.123 \times 6.38 \times 10^6}\right)^{3/2} \text{ (seconds)}$$

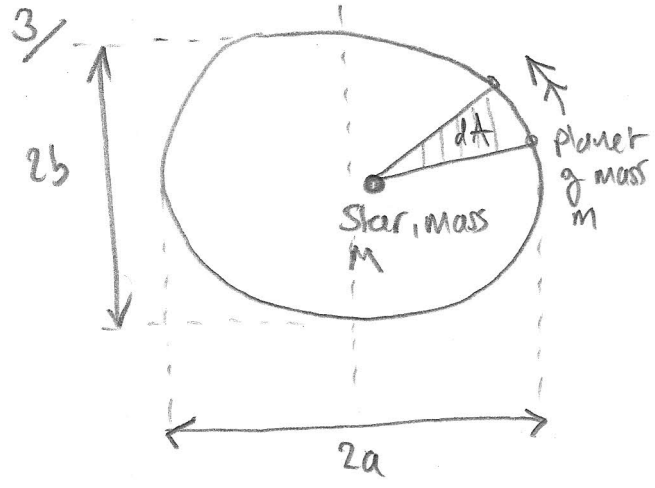
$$= 1.001 \text{ years} \quad (3.158 \times 10^7 \text{ s})$$

So if $R = \frac{1}{2} \times R_0$ (i.e. half as large as our Sun)

$\rho = 5488 \text{ kg m}^{-3}$ (i.e. Earth density)

$r = 5 \text{ AU} = 5 r_{\oplus}$

$$\frac{T}{T_{\oplus}} = \sqrt{\frac{\rho_0}{\rho}} \left(\frac{r/r_{\oplus}}{R/R_0}\right)^{3/2} = \sqrt{\frac{1406}{5488}} \left(\frac{5}{\frac{1}{2}}\right)^{3/2} = \boxed{16 \text{ years}}$$



$$\frac{dA}{dt} = \frac{1}{2} \sqrt{G(m+M)(1-\epsilon^2)} a$$

Kepler II i.e. area swept out is the same in any given time interval by a line joining a planet to a star

- m mass of planet
- M mass of star
- ϵ Eccentricity of orbit
- a Semi-major axis of orbit

$$\epsilon = \sqrt{1 - \frac{b^2}{a^2}}$$

$$\epsilon^2 = 1 - \frac{b^2}{a^2}$$

$$a = \frac{b}{\sqrt{1-\epsilon^2}}$$

$$G = 6.67 \times 10^{-11} \text{ N kg}^{-2} \text{ m}^2$$

For Earth, Sun system

$$m_{\oplus} = 5.97 \times 10^{24} \text{ kg}$$

$$M_{\odot} = 1.99 \times 10^{30} \text{ kg}$$

$$\epsilon = 0.02$$

$$a = 1 \text{ AU} = 1.496 \times 10^{11} \text{ m}$$

$$\frac{dA}{dt} = \frac{1}{2} \sqrt{6.67 \times 10^{-11} (5.97 \times 10^{24} + 1.99 \times 10^{30}) (1 - 0.02^2)} \times 1.496 \times 10^{11}$$

$$= 2.23 \times 10^{15} \text{ m}^2/\text{s}$$

$$= \boxed{1.92 \times 10^{20} \text{ m}^2/\text{day}} \quad (*) \quad (1 \text{ day} = 24 \times 3600 \text{ s})$$

Now area of orbit is $\pi a^2 (1-\epsilon^2)$ (ie area of ellipse is πab and $b = (1-\epsilon^2)^{1/2} a$)
 so expect $\frac{\pi a^2 (1-\epsilon^2)^{1/2}}{(*)}$ to be ≈ 365

$$\frac{\pi \times (1.496 \times 10^{11})^2}{1.92 \times 10^{20}} = 365.3 \quad \checkmark$$

Note $\frac{\pi a^2 (1-\epsilon^2)^{1/2}}{dA/dt}$

$$= \frac{2\pi a^{3/2} \sqrt{1-\epsilon^2}}{\sqrt{G(m+M)(1-\epsilon^2)}} = \frac{2\pi a^{3/2}}{\sqrt{G(m+M)}}$$

Now from Kepler III

$$T^2 = \frac{4\pi^2}{G(M+m)} a^3$$

$$T_{\oplus}^2 = \frac{4\pi^2}{G(M_{\odot}+M_{\oplus})} a_{\oplus}^3$$

$$T_{\oplus} = \frac{2\pi}{\sqrt{(M_{\odot}+M_{\oplus})}} a_{\oplus}^{3/2}$$

which ends up with the same formula.

For Pluto: $M_p = 0.003$ ($M_{\oplus} \ll M_{\odot}$)
 $e = 0.25$ $a = 39.539$ AU

So $\frac{dA}{dt} \approx \frac{1}{2} \sqrt{GM_{\odot}(1-e^2)} a$

$$= \frac{1}{2} \sqrt{6.67 \times 10^{-11} \times 1.99 \times 10^{30} \times (1-0.25^2) \times 39.539 \times 1.496 \times 10^{11}}$$

$$= 1.136 \times 10^{16} \text{ m}^2/\text{s}$$

$$= \boxed{1.17 \times 10^{21} \text{ m}^2/\text{day}}$$

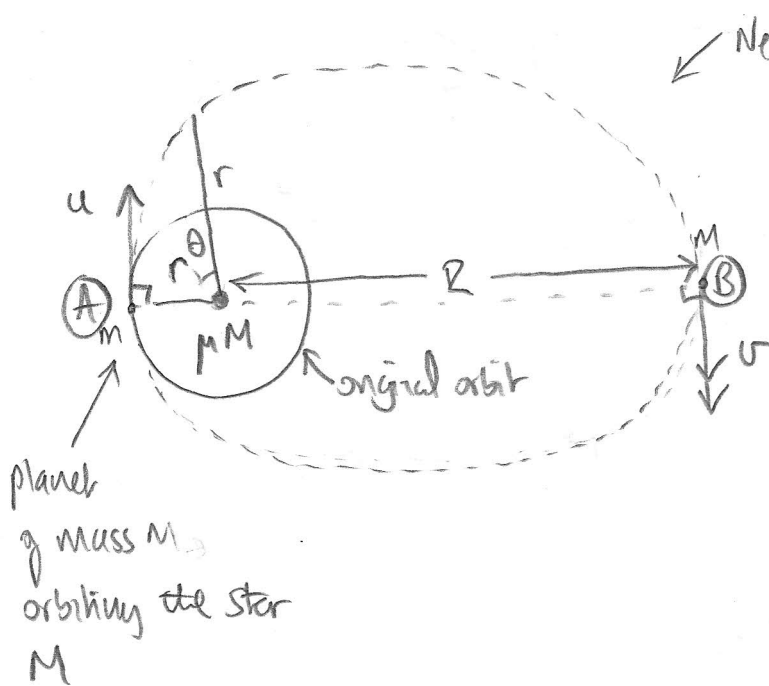
NOTE

$\frac{dA}{dt} \approx \sqrt{(1-e^2)} a/a_{\oplus}$ So for Pluto this is

$$\frac{\left(\frac{dA}{dt}\right)_{\oplus}}{\left(\frac{dA}{dt}\right)_{\oplus}} = \sqrt{(1-0.25^2) \times 39.539} = \boxed{6.19}$$

$\frac{1.17 \times 10^{21}}{1.92 \times 10^{20}} = 6.09$, So agreement (to numerical precision!)

4



Let Star lose mass fraction $(1-M)$ from original mass M

$$\Delta m = (1-M)M$$

$$\text{and } M' = MM$$

↑
new mass

Angular momentum is conserved

$$\text{So } r u = R v$$

New orbit has polar equation

$$r = \frac{a(1-\epsilon^2)}{1+\epsilon \cos \theta} = \frac{a(1+\epsilon)(1-\epsilon)}{1+\epsilon \cos \theta}$$

where $2a = r + R$. Now when $\theta = 0$, $r = a(1-\epsilon)$

and when $\theta = 180^\circ$, $R = a(1+\epsilon)$

$$\therefore \frac{R}{r} = \frac{1+\epsilon}{1-\epsilon}$$

Now $\frac{R}{r} = \frac{u}{v}$

So $\frac{1+\epsilon}{1-\epsilon} = \frac{u}{v}$

Now for original circular orbit

$$\therefore u^2 = \frac{GM}{r}$$

Newton II

$$\frac{u^2}{r} = \frac{GM}{r^2}$$

Conserving energy between points A and B

$$\frac{1}{2} u^2 - \frac{GM}{r} = \frac{1}{2} v^2 - \frac{GM}{R}$$

(5)

$$\therefore u^2 - \frac{2GM}{r} = v^2 - \frac{2GM}{R}$$

$$\text{So } \frac{GM}{r} - \frac{2GM}{r} + \frac{2GM}{R} = v^2$$

$$\Rightarrow v^2 = \frac{GM}{r} \left(1 - 2M + 2M \frac{r}{R} \right)$$

Now using $ru = Rv$

$$\Rightarrow v^2 = \left(\frac{r}{R} \right)^2 u^2$$

$$v^2 = \left(\frac{r}{R} \right)^2 \frac{GM}{r}$$

$$\therefore \left(\frac{r}{R} \right)^2 = 1 - 2M + 2M \frac{r}{R}$$

$$\text{So } \left(\frac{r}{R} \right)^2 - \left(\frac{r}{R} \right) (2M) + 2M - 1 = 0$$

$$\left(\frac{r}{R} - M \right)^2 - M^2 + 2M - 1 = 0$$

$$\left(\frac{r}{R} - M \right)^2 - (M^2 - 2M + 1) = 0$$

$$\left(\frac{r}{R} - M \right)^2 - (M - 1)^2 = 0$$

$$\left(\frac{r}{R} - M + M - 1 \right) \left(\frac{r}{R} - M - M + 1 \right) = 0$$

$$\left(\frac{r}{R} - 1 \right) \left(\frac{r}{R} + 1 - 2M \right) = 0$$

Now $r=R$ is not a solution since $M \neq 0$
 and orbit clearly must become more eccentric as the
 gravitational force on the planet must decrease initially as
 $M \rightarrow \mu M$

$$\text{So } \frac{r}{R} + 1 - 2\mu = 0 \Rightarrow \frac{r}{R} = 2\mu - 1$$

$$\text{Since } \frac{r}{R} > 0 \Rightarrow \boxed{2\mu - 1 > 0}$$

$$\boxed{M > \frac{1}{2}}$$

i.e. we cannot lose more than 50% of the Star Mass
 (otherwise the orbit will become unbound (i.e. planet
 will escape).

↑ via a hyperbolic or parabolic orbit.

$$\text{So } \boxed{\frac{r}{R} = 2\mu - 1 \quad \mu > \frac{1}{2}}$$

$$\therefore \frac{R}{r} = \frac{1}{2\mu - 1} = \frac{1 + \epsilon}{1 - \epsilon}$$

$$\therefore 1 - \epsilon = (2\mu - 1)(1 + \epsilon)$$

$$1 = \epsilon(2\mu - 1 + 1) + 2\mu - 1$$

$$2 = 2\mu\epsilon + 2\mu$$

$$1 = \mu\epsilon + \mu$$

$$\boxed{\epsilon = \frac{1 - \mu}{\mu}}$$

$$\therefore 1 + \epsilon = \frac{1}{\mu}$$

$$1 - \epsilon = \frac{\mu}{\mu} - \frac{1 - \mu}{\mu}$$

$$= \frac{2\mu - 1}{\mu}$$

$$\frac{\mu}{\mu} + \frac{1 - \mu}{\mu}$$

$$R = \frac{1+\varepsilon}{1-\varepsilon} r$$

$$= \frac{\frac{1}{\mu}}{\frac{2\mu-1}{\mu}} r$$

$$\boxed{R = \frac{1}{2\mu-1} r}$$

$$a = \frac{r+R}{2}$$

$$= \frac{r}{2} \left(1 + \frac{1}{2\mu-1} \right)$$

$$= \frac{r}{2} \left(\frac{2\mu-1+1}{2\mu-1} \right)$$

$$\boxed{a = \frac{\mu}{2\mu-1} r}$$

So using Kepler III

$$\text{and } T_0^2 = \frac{4\pi^2}{GM} r^3$$

$$T^2 = \frac{4\pi^2}{MGM} a^3$$

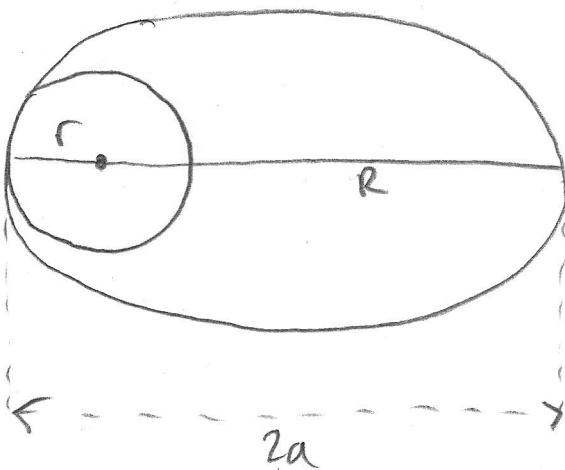
$$\therefore \left(\frac{T}{T_0} \right)^2 = \frac{1}{\mu} \left(\frac{a}{r} \right)^3$$

$$\mu M + M_{\oplus} \approx \mu M$$

$$\left(\frac{T}{T_0}\right)^2 = \frac{1}{M} \left(\frac{M}{2M-1}\right)^3 = \frac{M^2}{(2M-1)^3}$$

$$\frac{T}{T_0} = \frac{M}{(2M-1)^{3/2}}$$

Summary of new orbit: $M \rightarrow \mu M$ $M > \frac{1}{2}$



$$a = \frac{M}{2M-1} r$$

$$R = \frac{1}{2M-1} r$$

$$e = \frac{1-M}{M}$$

$$\frac{T}{T_0} = \frac{M}{(2M-1)^{3/2}}$$

$$\left[2M-1 = \frac{4}{3}-1 = \frac{1}{3} \right]$$

$$\text{so } \frac{M}{(2M-1)^{3/2}} = \frac{\frac{2}{3}}{\left(\frac{1}{3}\right)^{3/2}} = \frac{2}{3} \times 3^{3/2} = 2\sqrt{3}$$

So if planet was Earth and star the Sun
if $M = \frac{2}{3}$ and $T_0 = 1$ year and $r = 1$ AU

$$e = \frac{1}{2} \quad R = 3 \quad a = 2$$

$$\frac{T}{T_0} = \boxed{3.46} = 2\sqrt{3}$$

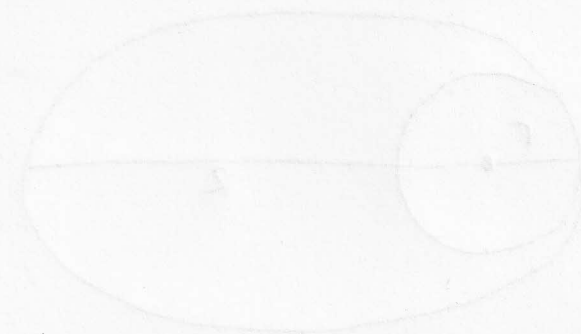
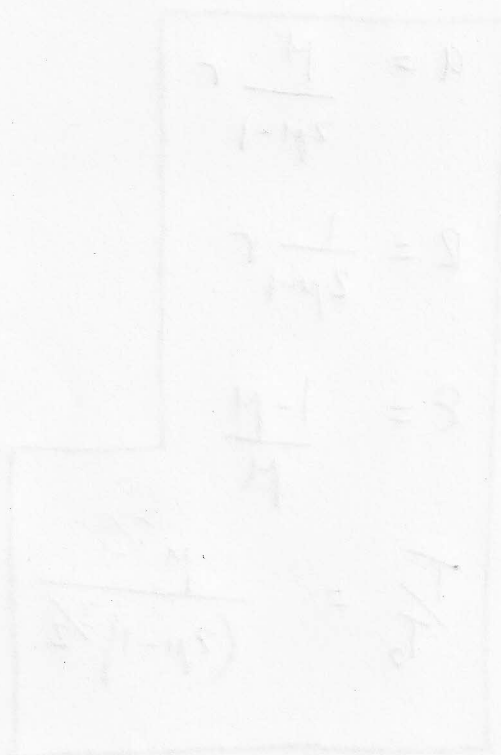
By Kepler II, planet will move faster when it is nearer the star. So long, very cold winters followed by a short summer similar to Earth

The winters will be longer as the planet will spend more of the year $> r$ away, and much colder

since the heat flux from the star $\propto \frac{1}{\text{distance}^2}$

At the furthest point it receives $\frac{1}{3^2} = \underline{\text{nine times}}$

less heat / m² than at the closest point.



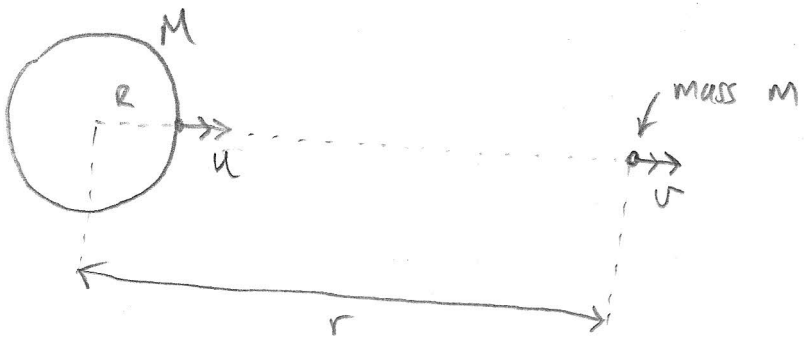
$$E = \frac{1}{r^2} = \frac{1}{(0.5r)^2} = \frac{1}{0.25r^2} = \frac{4}{r^2}$$

$$E = \frac{1}{r^2} = \frac{1}{r^2}$$

$$E = \frac{1}{r^2} = \frac{1}{(2.5r)^2} = \frac{1}{6.25r^2} = \frac{0.16}{r^2}$$

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(ii)



Let particle of mass m leave the surface of a body of mass M and radius R with radial velocity u

Conservation of Energy

$$\frac{1}{2} m u^2 - \frac{G M m}{R} = \frac{1}{2} m v^2 - \frac{G M m}{r}$$

Particle will escape if v is positive as $r \rightarrow \infty$

Now this means KE left as $r \rightarrow \infty$

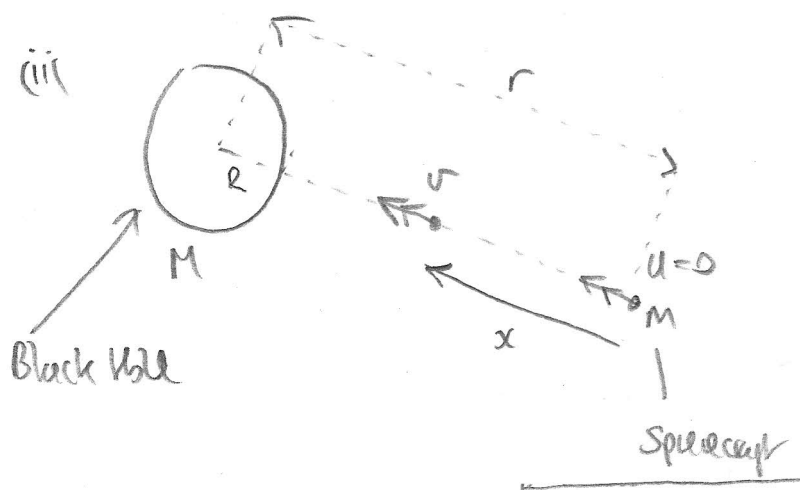
So $\frac{1}{2} u^2 - \frac{G M}{R} > 0$ implies u is sufficient for particle to escape the gravitational pull of M

\therefore Escape velocity $u > \sqrt{\frac{2GM}{R}}$

If $u = c$ then object of mass M is a Black Hole

Let $c = \sqrt{\frac{2GM}{R}} \therefore R = \frac{2GM}{c^2}$

This is the maximum radius of a Black Hole of mass M .
"Event Horizon"



Conservation of Energy

$$-\frac{G M m}{r} = \frac{1}{2} m v^2 - \frac{G M m}{r-x}$$

So $v^2 = 2GM \left(\frac{1}{r-x} - \frac{1}{r} \right)$

\therefore when $x = r - R$

$$v^2 = 2GM \left(\frac{1}{R} - \frac{1}{r} \right)$$

(11)

Now let $R = \frac{2GM}{c^2}$

$$\therefore v^2 = 2GM \left(\frac{c^2}{2GM} - \frac{1}{r} \right)$$

$$v^2 = c^2 - \frac{2GM}{r}$$

$$v = \sqrt{c^2 - \frac{2GM}{r}}$$

$$r > \frac{2GM}{c^2}$$

let $r = kR$ where $k > 1$

$$\therefore r = k \times \frac{2GM}{c^2}$$

$$\therefore \frac{2GM}{r} = 2GM \times \frac{c^2}{2GMk} = \frac{c^2}{k}$$

$$\therefore v = c \sqrt{1 - \frac{1}{k}}$$

so if spacecraft starts from $k \gg 1$ $v \rightarrow c$

Now $v = \frac{dx}{dt}$ $v^2 = 2GM \left(\frac{1}{r-x} - \frac{1}{r} \right)$

$$\therefore \frac{dx}{dt} = \sqrt{2GM \left(\frac{1}{r-x} - \frac{1}{r} \right)}$$

$$\therefore t = \frac{1}{\sqrt{2GM}} \int_0^{r-R} \frac{1}{\sqrt{\frac{1}{r-x} - \frac{1}{r}}} dx$$

$$\frac{1}{r-x} - \frac{1}{r} = \frac{r - (r-x)}{r(r-x)} = \frac{x}{r(r-x)}$$

$$\therefore \frac{1}{\sqrt{\frac{1}{r-x} - \frac{1}{r}}} = \frac{1}{\sqrt{\frac{x}{r(r-x)}}} = \sqrt{\frac{r-x}{x}} \times \sqrt{r}$$

$$\therefore t = \sqrt{\frac{r}{2GM}} \int_0^{r-R} \sqrt{\frac{r-x}{x}} dx$$

consider a substitution $u = \sqrt{\frac{r-x}{x}}$

$$\therefore u^2 = \frac{r-x}{x} \Rightarrow xu^2 = r-x \Rightarrow xu^2 + x = r$$

$$\Rightarrow \boxed{x = \frac{r}{1+u^2}}$$

$$\therefore \frac{dx}{du} = \frac{-2ur}{(1+u^2)^2}$$

$$\therefore \int \sqrt{\frac{r-x}{x}} dx = -2r \int \frac{u^2}{(1+u^2)^2} du$$

Let $u = \tan \theta$ Note $1 + \tan^2 \theta = \sec^2 \theta$
 $\frac{d}{d\theta} \tan \theta = \sec^2 \theta$

So $\frac{du}{d\theta} = \sec^2 \theta$

$$\therefore \int \frac{u^2}{(1+u^2)^2} du = \int \frac{\tan^2 \theta \sec^2 \theta d\theta}{\sec^2 \theta \times \sec^2 \theta} = \int \frac{\tan^2 \theta}{\sec^2 \theta} d\theta$$

$$= \int \frac{\sec^2 \theta - 1}{\sec^2 \theta} d\theta = \int (1 - \cos^2 \theta) d\theta$$

[$\frac{1}{\sec^2 \theta} = \cos^2 \theta$] Now $\cos^2 \theta = \frac{1 + \cos 2\theta}{2}$

$$\text{So } \int \frac{\tan^2 \theta}{\sec^2 \theta} d\theta = \int \left(\frac{1}{2} - \frac{1}{2} \cos 2\theta \right) d\theta = \frac{\theta}{2} - \frac{1}{4} \sin 2\theta + C$$

$$\int \frac{u^2}{(1+u^2)^2} du = \frac{1}{2} \tan^{-1} u - \frac{1}{4} \sin(2 \tan^{-1} u) + C$$

$$\begin{aligned} \text{Now } \sin 2\theta &= 2 \sin \theta \cos \theta = 2 \sqrt{1-\cos^2 \theta} \cos \theta \\ &= 2 \sqrt{\cos^2 \theta - \cos^4 \theta} \end{aligned}$$

$$\text{Also } \frac{1}{\cos^2 \theta} = 1 + \tan^2 \theta \quad \therefore \cos^2 \theta = \frac{1}{1 + \tan^2 \theta}$$

$$\begin{aligned} \text{Hence } \cos^2 \theta - \cos^4 \theta &= \frac{1}{1 + \tan^2 \theta} - \frac{1}{(1 + \tan^2 \theta)^2} \\ &= \frac{1}{(1 + \tan^2 \theta)^2} (1 + \tan^2 \theta - 1) \\ &= \frac{\tan^2 \theta}{(1 + \tan^2 \theta)^2} \end{aligned}$$

$$\boxed{\sin 2\theta = \frac{2 \tan \theta}{1 + \tan^2 \theta}}$$

$$\text{So } \frac{1}{4} \sin 2\theta = \frac{1}{2} \frac{\tan \theta}{1 + \tan^2 \theta}$$

$$\int \frac{u^2}{(1+u^2)^2} du = \frac{1}{2} \tan^{-1} u - \frac{1}{2} \frac{u}{1+u^2} \quad \text{Since } u = \tan \theta$$

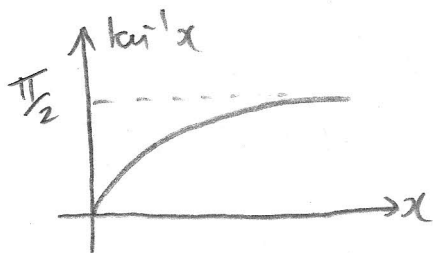
$$\text{Since } u = \sqrt{\frac{r-x}{x}}$$

$$t = \sqrt{\frac{r}{2GM}} \left[-2r \left(\frac{1}{2} \tan^{-1} \sqrt{\frac{r-x}{x}} - \frac{1}{2} \frac{\sqrt{\frac{r-x}{x}}}{1 + \frac{r-x}{x}} \right) \right]_{0}^{r-R}$$

$$t = \sqrt{\frac{r^3}{2GM}} \left[\frac{1}{r} \sqrt{x(r-x)} - \tan^{-1} \sqrt{\frac{r-x}{x}} \right]_{0}^{r-R}$$

$$\left[\text{Since } \frac{\sqrt{\frac{r-x}{x}}}{1 + \frac{r-x}{x}} = \frac{x \sqrt{\frac{r-x}{x}}}{r} = \frac{1}{r} \sqrt{x(r-x)} \right]$$

Now:



So as $x \rightarrow \infty$

$$\tan^{-1} x \rightarrow \frac{\pi}{2}$$

$$t = \sqrt{\frac{r^3}{2GM}} \left(\left(\frac{1}{r} \sqrt{(r-R)(r-r+R)} - \tan^{-1} \sqrt{\frac{r-r+R}{r-R}} \right) - \left(-\frac{\pi}{2} \right) \right)$$

$$t = \sqrt{\frac{r^3}{2GM}} \left(\frac{1}{r} \sqrt{R(r-R)} - \tan^{-1} \sqrt{\frac{R}{r-R}} + \frac{\pi}{2} \right)$$

let $r = kR$ as before, where $R = \frac{2GM}{c^2}$, $k > 1$

$$\sqrt{\frac{r^3}{2GM}} = \sqrt{\frac{k^3 \times 8G^3 M^3}{2GM \times c^6}} = \sqrt{\frac{4k^3 G^3 M^2}{c^6}} = \boxed{\frac{2GM}{c^3} k^{3/2}}$$

$$\frac{1}{r} \sqrt{R(r-R)} = \frac{R}{r} \sqrt{k-1} = \frac{1}{k} \sqrt{k-1} = \sqrt{\frac{k-1}{k^2}}$$

$$\frac{R}{r-R} = \frac{R}{kR-R} = \frac{1}{k-1}$$

$$\text{So } t = \frac{2GM}{c^2} \frac{k^{3/2}}{c} \left(\sqrt{\frac{k-1}{k^2}} - \tan^{-1} \left(\frac{1}{k-1} \right) + \frac{\pi}{2} \right)$$

$$t = \frac{R}{c} k^{3/2} \left(\sqrt{\frac{k-1}{k^2}} - \tan^{-1} \left(\frac{1}{k-1} \right) + \frac{\pi}{2} \right)$$

$$R = \frac{2GM}{c^2}$$

Now for our Sun

$$R = \frac{2 \times 6.67 \times 10^{-11} + 1.99 \times 10^{30}}{(2.998 \times 10^8)^2}$$

$$= \boxed{2,954 \text{ m}}$$

So $R/c = \boxed{9.85 \times 10^{-6} \text{ s}}$ ($\approx 9.8 \mu\text{s}$)

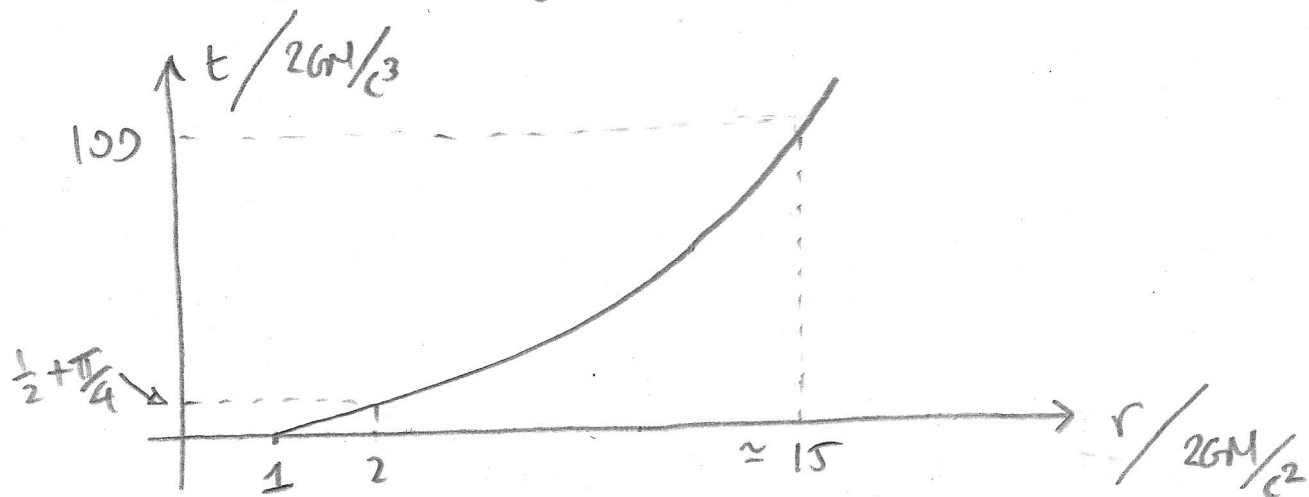
In the movie Interstellar, the Black Hole "Gargantua" has $M = 100 \times 10^6 M_{\odot}$

$$\therefore R = \frac{2,954 \times 10^8}{1.496 \times 10^{11}} \text{ AU}$$

$$R \approx \boxed{1.97 \text{ AU}}$$

(orbit of Mars is 1.523 AU, so Gargantua would contain the inner Solar system)

For Gargantua $R/c = 985.2 \text{ seconds}$ $\approx 16.4 \text{ minutes}$



Miller's planet in the film is very close to the Event Horizon of Gargantua, so let $h=2$.

In this case $t = 985.2 \left(\sqrt{\frac{1}{4}} - \tan^{-1} \left(\frac{1}{1} \right) + \frac{\pi}{2} \right) \times 2^{3/2}$

(16) $t = 985.2 \times 2\sqrt{2} \left(\frac{1}{2} + \frac{\pi}{4} \right) \approx 3582 \text{ s} \approx \boxed{1 \text{ hour}}$