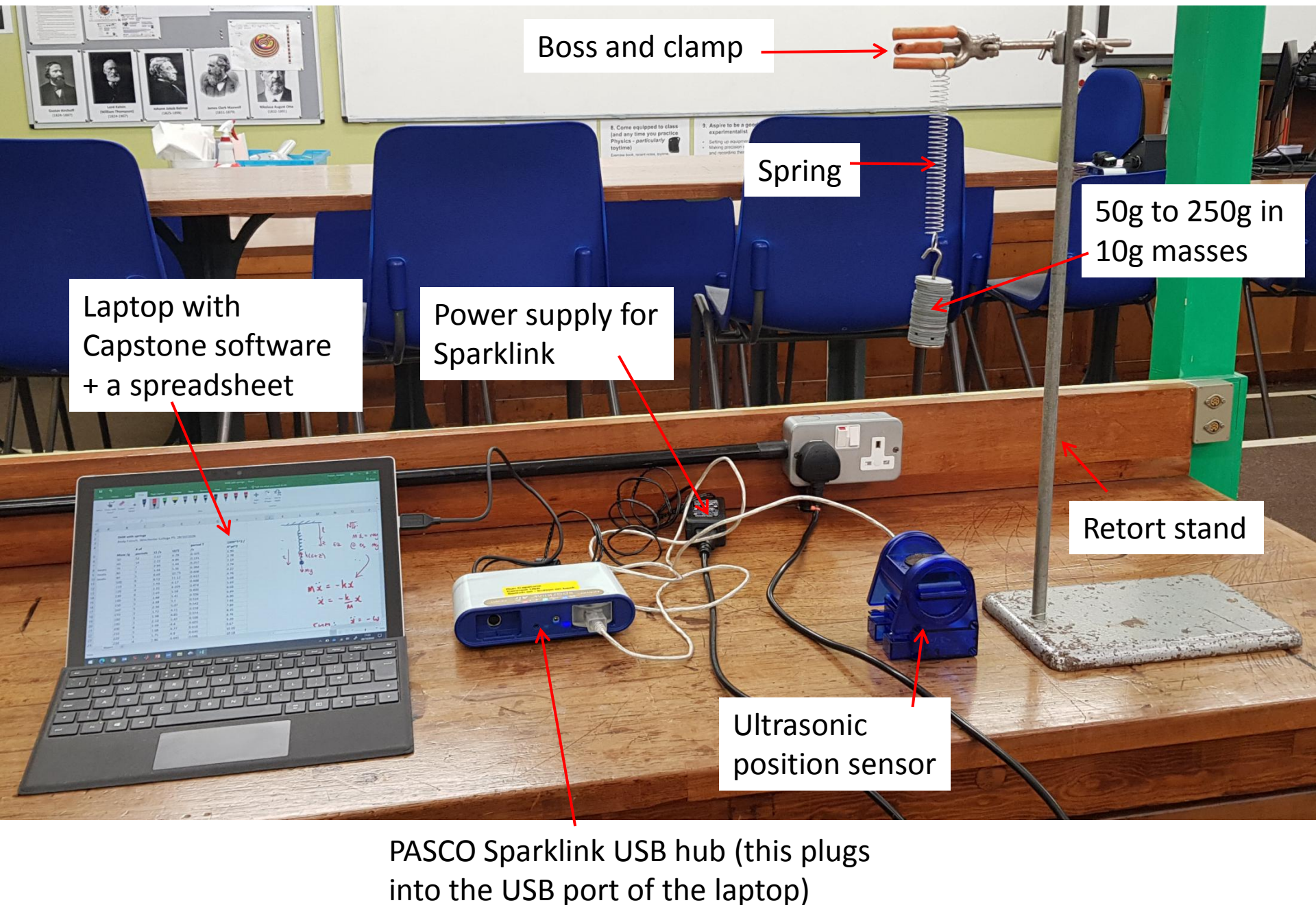


# Simple Harmonic Motion (SHM) with springs

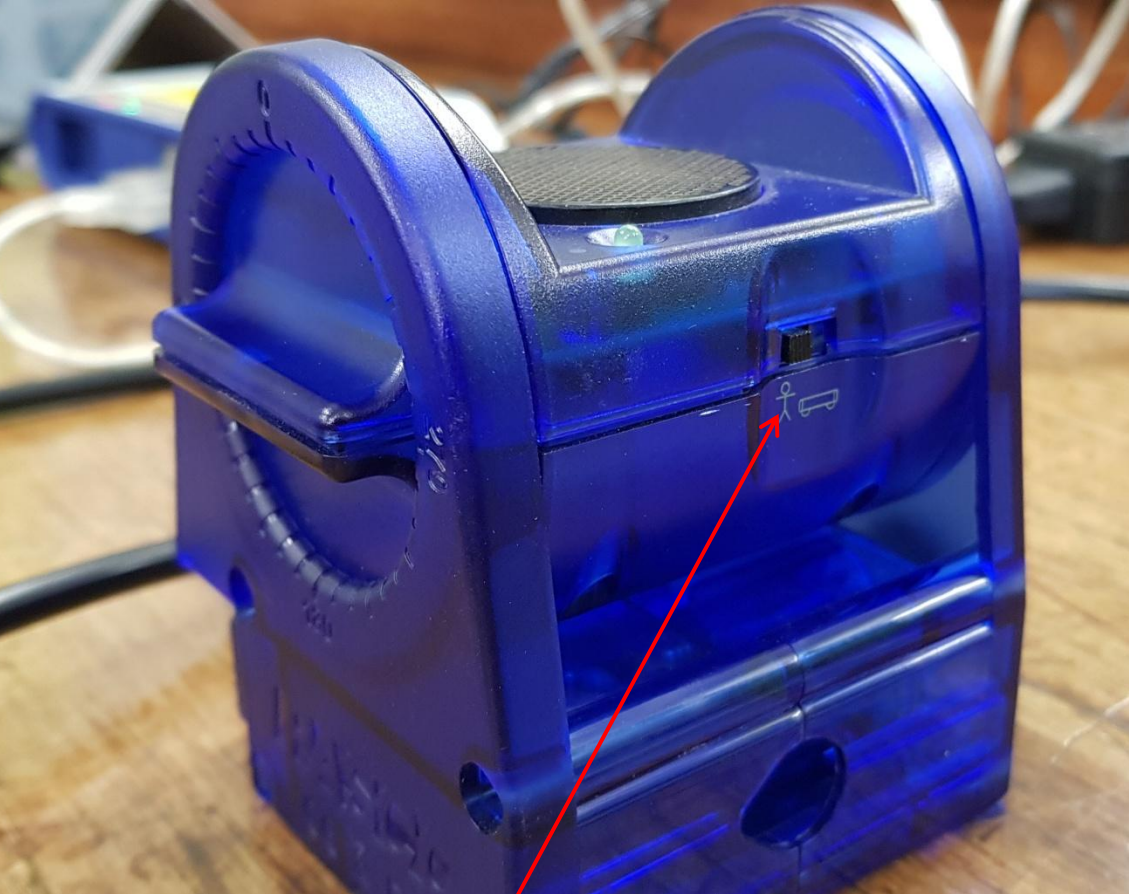
$$T = 2\pi\sqrt{\frac{m}{k}} \quad \therefore m = k \frac{T^2}{4\pi^2}$$



# Equipment setup







**Record at 100Hz**

Set ultrasonic position sensor in '**person**' mode. The beam is slightly wider, and will mean smooth sinuoidal measurements will be obtained even if the mass jerks around sideways a little.

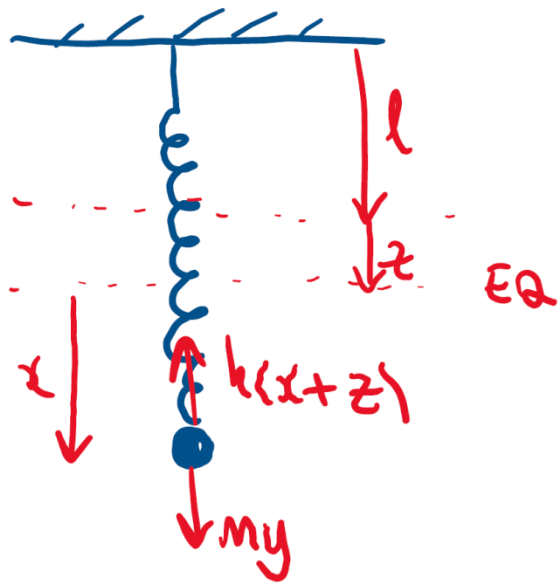




The 10g mass hook  
is also 10g.



# Simple Harmonic Motion (SHM)



NTU:

$$m\ddot{x} = mg - k(x+z)$$

@ eq  $mg = kz$

$$m\ddot{x} = -kx$$

$$\ddot{x} = -\frac{k}{m}x$$

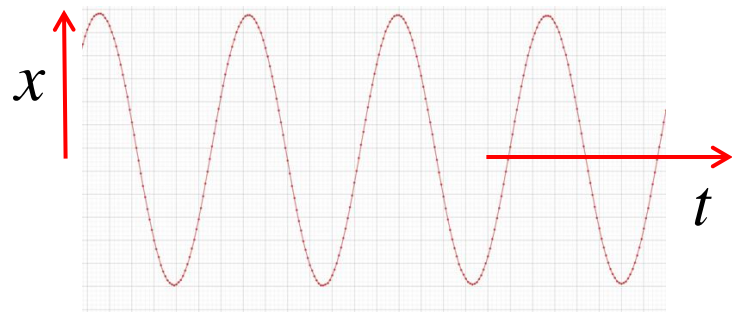
$$x = A \cos\left(\frac{2\pi t}{T}\right)$$

$$\dot{x} = -A \frac{2\pi}{T} \sin\left(\frac{2\pi t}{T}\right)$$

$$\ddot{x} = -A \frac{4\pi^2}{T^2} \cos\left(\frac{2\pi t}{T}\right)$$

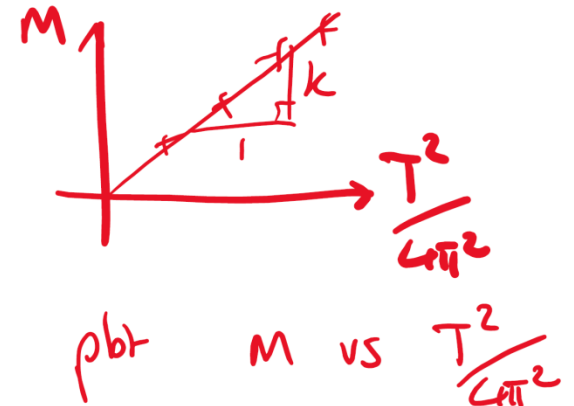
$$\ddot{x} = -\frac{4\pi^2}{T^2} x$$

$$x = A \cos\left(\frac{2\pi t}{T}\right)$$



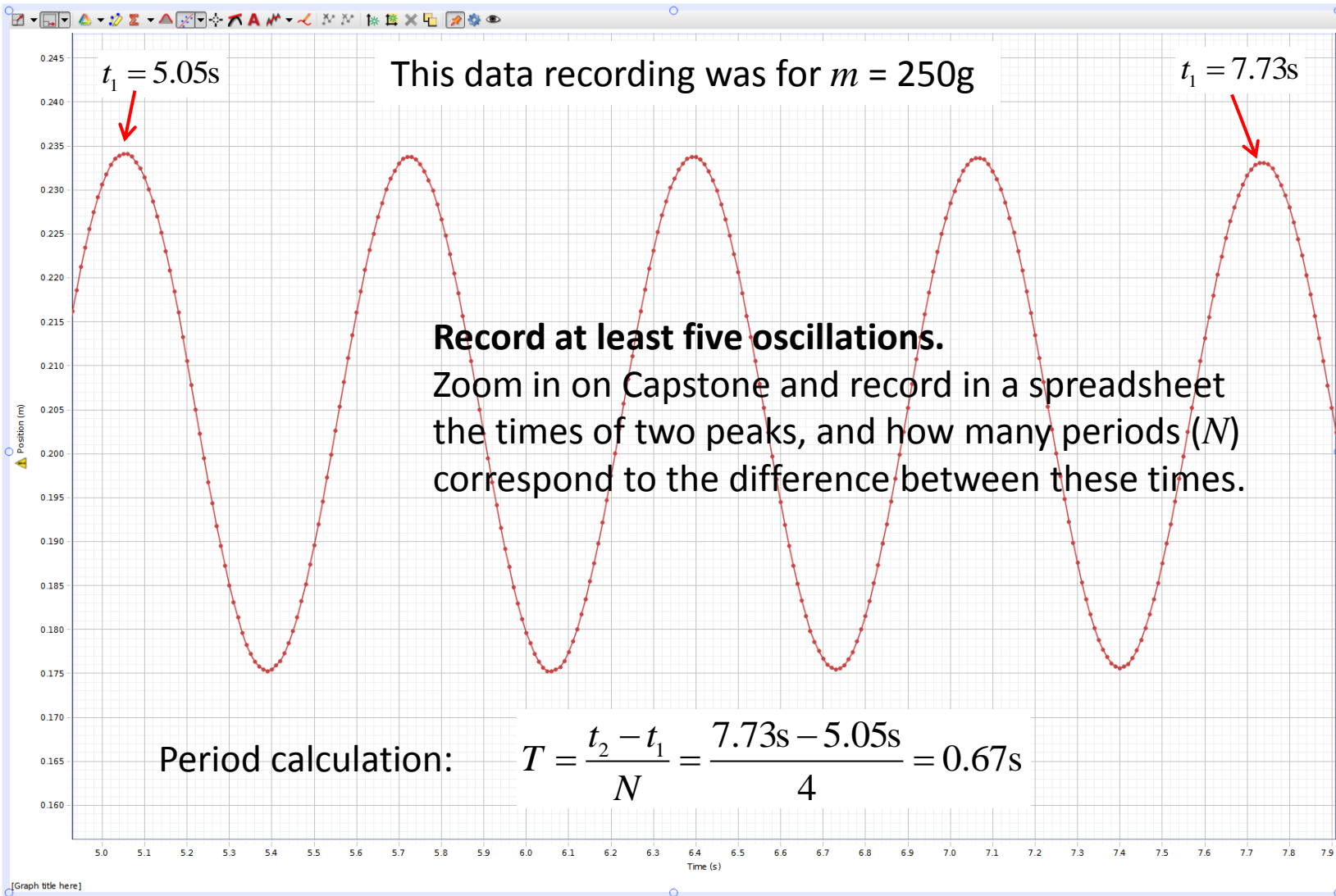
$$\therefore \frac{4\pi^2}{T^2} = \frac{k}{m}$$

$$\therefore m = k \frac{T^2}{4\pi^2}$$



[Table title here]

Run #	Position (m)	Time (s)
1	0.20	0.000
2	0.20	0.010
3	0.20	0.020
4	0.20	0.030
5	0.20	0.040
6	0.20	0.050
7	0.20	0.060
8	0.21	0.070
9	0.21	0.080
10	0.21	0.090
11	0.21	0.100
12	0.21	0.110
13	0.21	0.120
14	0.21	0.130
15	0.21	0.140
16	0.21	0.150
17	0.21	0.160
18	0.21	0.170
19	0.21	0.180
20	0.21	0.190
21	0.21	0.200
22	0.21	0.210
23	0.21	0.220
24	0.21	0.230
25	0.21	0.240
26	0.21	0.250
27	0.21	0.260
28	0.21	0.270
29	0.21	0.280
30	0.21	0.290
31	0.21	0.300
32	0.20	0.310
33	0.20	0.320
34	0.20	0.330
35	0.20	0.340
36	0.20	0.350
37	0.20	0.360
38	0.20	0.370
39	0.20	0.380
40	0.20	0.390
41	0.20	0.400
42	0.20	0.410
43	0.20	0.420
44	0.20	0.430
45	0.20	0.440
46	0.20	0.450
47	0.20	0.460
48	0.20	0.470
49	0.20	0.480
50	0.20	0.490
51	0.20	0.500
52	0.20	0.510



00:00.00 Motion Sensor 100.00 Hz Recording Conditions Delete Last Run

Set recording rate at 100Hz

Capstone screenshot

# SHM with springs

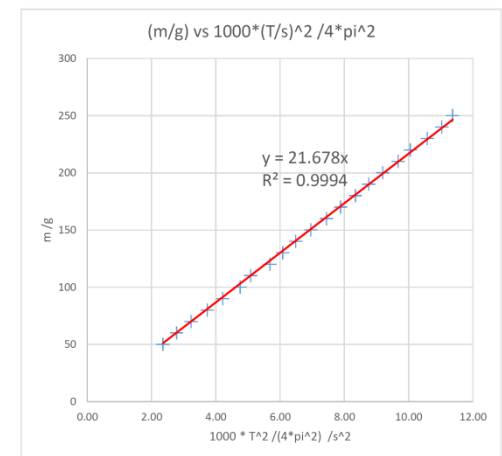
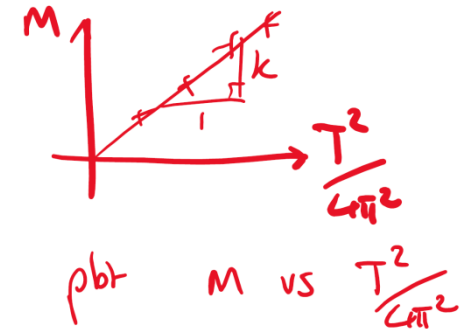
Andy French. Winchester College P5. 28/10/2020.

beats  
beats  
beats

Mass /g	# of periods	t1 /s	t2/2	period T /s
50	12	2.63	6.29	0.305
60	14	2.22	6.86	0.331
70	7	2.94	5.44	0.357
80	5	3.44	5.36	0.384
90	5	8.69	10.73	0.408
100	6	8.52	11.12	0.433
110	5	1.93	4.17	0.448
120	4	2.31	4.205	0.474
130	6	2.65	5.59	0.490
140	5	2.88	5.41	0.506
150	5	2.48	5.1	0.524
160	5	2.36	5.07	0.542
170	5	1.72	4.51	0.558
180	5	1.98	4.85	0.574
190	5	2.53	5.47	0.588
200	4	1.99	4.4	0.603
210	5	1.68	4.77	0.618
220	5	1.75	4.9	0.630
230	4	1.86	4.445	0.646
240	4	2.27	4.91	0.660
250	5	2.17	5.52	0.670

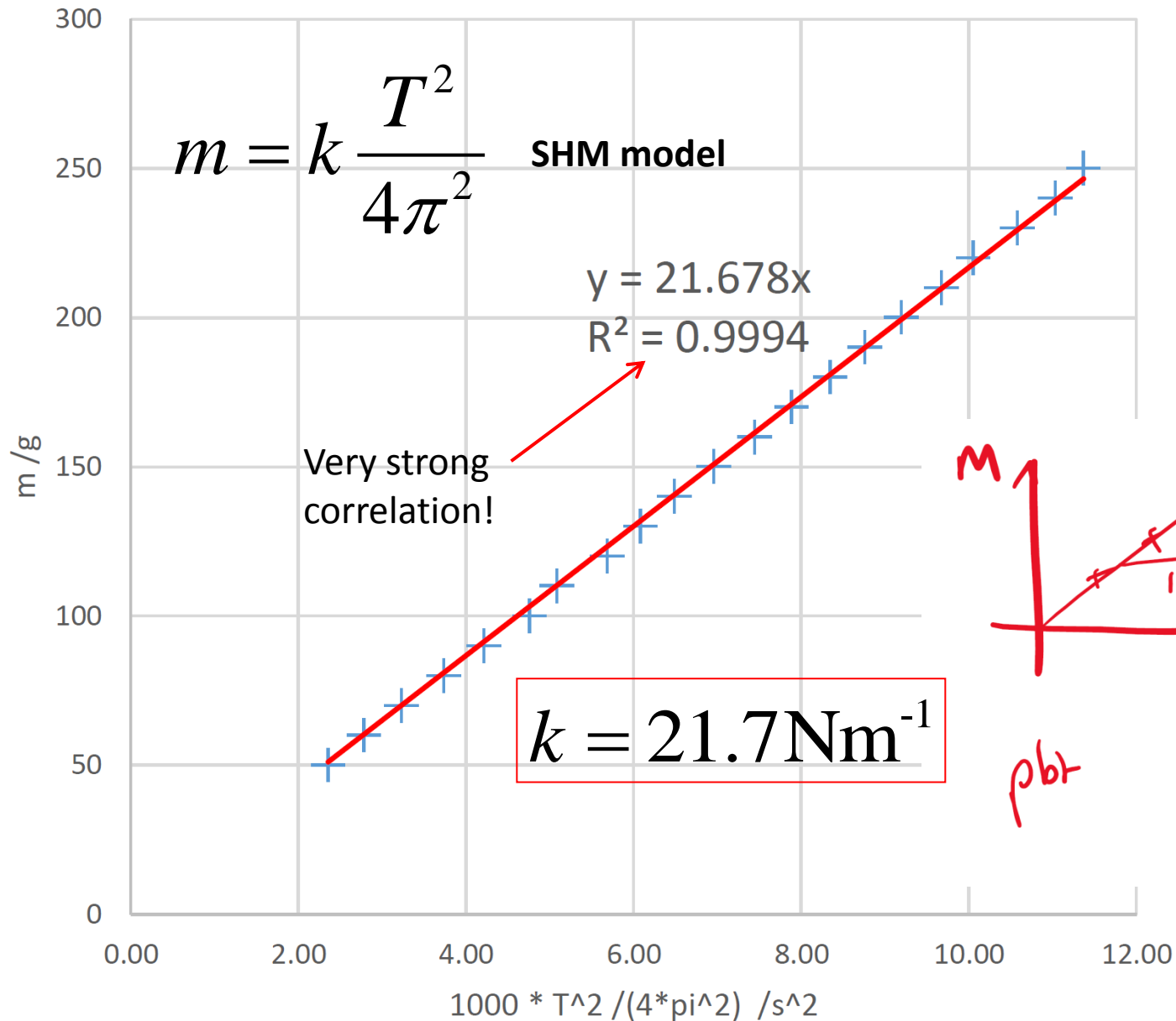
$1000 \cdot T^2 / 4 \cdot \pi^2$
2.36
2.78
3.23
3.74
4.22
4.76
5.08
5.69
6.08
6.49
6.96
7.44
7.89
8.35
8.76
9.20
9.67
10.05
10.58
11.03
11.37

$$m = k \frac{T^2}{4\pi^2}$$



So  $k = 21.7 \text{ N/m}$

(m/g) vs  $1000 \cdot (T/s)^2 / 4 \cdot \pi^2$



Plot mass  $m$  in g  
vs  $\frac{1000T^2}{4\pi^2}$

The gradient  
should be the  
spring constant  
 $k$  in  $\text{Nm}^{-1}$ .

